

Turn off the fiber optic cable on the router



Overview

This guide outlines proper methods to safely remove fiber optic cable from modems in your home or office.

Key Takeaways

To safely remove a fiber optic cable from a router, power down the device, identify the connector type, release the locking mechanism, pull the connector straight out, and protect the exposed fiber ends.

Step-by-

Step Guide1. Power Down the Router Before handling the fiber optic cable, disconnect the router or optical network terminal (ONT) from its electrical source. This ensures the fiber port is inactive and reduces the risk of exposure to infrared laser light, which can damage your eyes.

2. Prepare Your Workspace Clear the area around the router to prevent accidental bumps or contamination. Keep the immediate area free of dust, as even microscopic particles can damage the glass tip of the fiber connector.

3. Identify the Connector Type Common residential connectors include SC (Subscriber Connector) and LC (Lucent Connector).

S

C connectors are square and use a push-pull mechanism, while LC connectors are smaller and use a clip or latch that must be squeezed to release. 4.

Engage the Release Mechanism

For S

C connectors, gently depress the plastic tab on top of the connector until the lock disengages.

For L

C connectors, squeeze the clip inward toward the connector body to release it. 5. Remove the Cable Carefully Hold the plastic housing of the connector, not the thin fiber jacket, and pull the connector straight out of the port.

Avoid twisting, bending, or applying lateral force, as this can damage the fiber or the router's transceiver. 6. Protect the Exposed Fiber Ends Immediately cover the exposed fiber ferrule with a protective dust cap.

If the original cap is missing, place the connector in a clean plastic bag or wrap it with clean electrical tape to prevent contamination. 7. Optional: Remove the Transceiver (if applicable) If the fiber is connected to a removable transceiver, unlock the ejector lever fully before pulling out the transceiver.

Cover both the transceiver port and the fiber connector with rubber safety caps to prevent dust and accidental laser exposure. 8. Inspect and Store After removal, inspect the fiber ends for dirt or damage.

Store the cable in a safe, dust-free environment if it will be reused.

Safety Tips

Never look directly into the fiber or transceiver. Work slowly and steadily to avoid cracking the glass fiber. Avoid bending the cable beyond its minimum bend radius.

If the connector is stuck or damaged, contact your ISP or a certified technician. Following these steps ensures that the fiber optic cable is removed safely, the router remains undamaged, and the fiber ends are protected for future use.

Article Content

How To Remove Fiber Optic Cable From Modem

This guide outlines proper methods to safely remove fiber optic cable from modems in your home or office. As an experienced technology writer who has covered broadband

How to unplug fiber optic cable from modem?

Fiber optic cables are different from traditional copper cables, as they use light to transmit data, and the connectors are more sensitive. Here is a step-by-step guide on how to safely unplug a fiber optic

Unbelievable Trick to Easily Remove an Optical Fiber Cable From

In this video, I'm showing you how to remove an optical fiber cable connector from a modem. This is a popular video tutorial that is often requested by viewers.

Can I Unplug My Fiber Optic Cable?

Yes, you can unplug your fiber optic cable, but it's crucial to do so with extreme care to avoid damage, contamination, and service interruption. Fiber optic cables are delicate and require

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On your router, the internet led should start flashing and you can check if the internet connection is back to normal. If there is still no internet, contact your ISP and follow their...

How to Safely Remove a Fiber Optic Cable From a Modem

Master the precise, safe technique for detaching fragile glass fiber cables from your modem, ensuring component protection and eye safety.

How do I disconnect Fiber optic cable from ONT with laser lock?

If you need to relocate your ONT, it's probably best to have a technician come out and do it. Unless you are only moving it elsewhere in the room and have enough slack to do it yourself. The tech who

How do I disconnect the AT&T fiber modem? : r/ATT

You can disconnect the cable by holding the end that connects to the router and pulling it then wiggling it out, if that doesn't work you can just remove the whole cable and pack it and send it back to AT&T

Removing and Installing Transceivers and Fiber-Optic Cables

The router has field-replaceable unit (FRU) optical transceivers to which you can connect fiber-optic cables. You can remove and replace the cables without powering off the device or

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In this informative guide, we'll walk you through the step-by-step process of stripping and preparing fibre optic cable for termination, covering techniques, tools, and best practices to help you

Everything you need to know about fiber optic termination

Fiber Optic Termination Tutorial We terminate fiber optic cable two ways - with connectors that can mate two fibers to create a temporary joint and/or connect

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Compare Cat6, Cat6a, and Fiber optic cabling for smart homes. Learn which cable offers the best speed, reliability, and value for your 2026 home network setup.

Wi-Fi Signal Drops and Connection Issues: 100

Having trouble staying connected? Here's a large collection of tips to likely fix those common Wi-Fi signal drops and connection issues.

What fiber optic cable does my ATT gateway use?

Recently I changed my ISP from Xfinity to ATT fiber, and it works great! Though I need to move the gateway they gave me (HUMAX BGW320-500) into another location, I only have a single

The FOA Reference For Fiber Optics

Fiber Optic Network Design Jump To: The Communications System Cabling Design Choosing Transmission Equipment Planning The Route Choosing Components Cable Plant Link Loss Budget

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Fiber Optic Internet Equipment Guide | Verizon Business

Get the fiber optic internet equipment guide to ensure a smooth setup and optimal performance. Find the right hardware for your business needs. Read now!

PLDT Default Admin Password, Username for Fiber, DSL, Ultera

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